These medications are over the counter and are used for temporary reduction of fever and relief of minor aches and pains due to colds.

**WARNING:**
Do not use a Kitchen Teaspoon. Only use the dosing cup provided

These medications shouldn’t be taken for more than 5 days or fever more than 3 days

Do not use with any other product containing acetaminophen.

*Tylenol and Motrin can be alternated every 3 hours

**EXAMPLE**

Tylenol administered at 12:00
Motrin administered at 3:00

next dose of tylenol can be given at 6:00pm (6 hrs from the 1st dose)
next dose of motrin can be given at 9pm (6 hours apart from the 1st dose)

Please make sure you log the dosage and times, to prevent medication over dose.

***Only alternate or use Motrin if you have cleared it with your child’s Primary care Physician***